**Homemade Goat Milk Infant Formula – Fresh Milk Version**

*Recipe makes 1 cup (8 ounces)*

**½ cup (4 oz)** Boiled Water

**½ cup (4 oz)**  Fresh Goat’s Milk

**½ teaspoon** Organic Coconut Oil

**½ teaspoon** Organic Olive Oil

**1 tablespoon** Maple Syrup

**1/8 teaspoon** Unsulphured Blackstrap Molasses

**3 drops** Vitamin D drops

**1/4 teaspoon** NutriStart Multivitamin Powder (1/2 pkt)

**1/8 teaspoon** Probiotics (in refrigerator)

**1 ml** Nordic Naturals Baby DHA

***1 Bottle:***

Fill bottle with 4 oz. very hot water. Add coconut oil and let melt.

Add olive oil, molasses, and maple syrup.

**Shake or whisk well**.

When contents well mixed and cooled some, add fresh milk so total volume is 8 ounces.

**Shake or whisk well**.

Add Vitamin D drops, multivitamin powder, probiotics, and DHA. **Shake or whisk well one last time.**

***Larger Batches:***

Fill Vitamix with recipe amt. of very hot water. Add coconut oil.

**Mix on low till melted.**

Add olive oil, molasses, and maple syrup.

**Mix on low till combined.**

Let cool some, then add fresh milk so total volume equals desired batch amount.

**Mix well on low.**

Add Vitamin D drops, multivitamin powder, probiotics, and DHA.

**Mix well on low one last time.**

Fill bottles/quart jars as needed.

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| --- | --- | --- | --- | --- |
|  | **1 pint** | **1 quart** | **2 quarts** | **1 gallon** |
| **# 8oz Bottles** | 2 | 4 | 8 | 16 |
| **# Days** | 3/4 | 1.5 | 3+ | 6+ |
| **Boiled Water** | 1 cups | 2 cups | 4 cups | 8 cups |
| **Fresh Goat Milk** | 1 cups | 2 cups | 4 cups | 8 cups |
| **Coconut Oil** | 1 tsp | 2 tsp | 4 tsp | 8 tsp |
| **Olive Oil** | 1 tsp | 2 tsp | 4 tsp | 8 tsp |
| **Maple Syrup** | 2 Tbsp | 4 Tbsp | 8 Tbsp | 16 Tbsp |
| **Molasses** | ¼ tsp | ½ tsp | 1 tsp | 2 tsp |
| **Vit D Drops** | 1 drop | 1 drop | 3 drops | 6 drops |
| **Multivitamin Powder** | ½ pkt | 1 pkt | 1 ½ pkts | 3 pkts |
| **Probiotics** | 1/8 tsp | 1/8 tsp | ¼ + 1/8 tsp | ¾ tsp |
| **DHA** | .75 ml | 1.5 ml | 3 ml | 6 ml |
| **Carrot Juice** | 1/8 cup | ¼ cup | ½ cup | 1 cup |